**Gut Advice**

1. **Mild Diarrhea (No Fever or Blood)**
2. Large Pepto-Bismol tablets
   1. Take 1-2 tabs every 8 hours until diarrhea is controlled
3. Imodium AD
   1. Take 1 tab every 4 hours until diarrhea is controlled
4. **Diarrhea with Fever or Blood**
5. Azithromycin (Prescription)
6. Take 1 - 500mg tab daily for 3 days
7. You may take Pepto-Bismol in combination but DO NOT take with Imodium AD
8. **Nausea/Vomiting**
9. Phenergan (Promethazine, Prescription)
10. Take 1-2 tabs every 6 hours as needed
11. Zofran (Ondansetron, Prescription)
12. Take 1-2 tabs every 6 hours as needed
13. **Upset Stomach (Over the Counter)**
14. Zantac
15. Pepcid
16. Prilosec
17. Pepto-Bismol tablets